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## Long Beachers To CANstruct For Fifth Year

Emily Thornton 4 hrs ago



The crew from Moffat & Nichol create a diver's helmet during the Canstruction Competition in 2014.

—Gazette photo by Ashleigh Ruhl

The fifth annual CANstruction Long Beach has begun recruiting teams for the fall event.

CANstruction is a competition using canned goods and other non-perishable food items to build a 10-foot cubic structure. It's shown to the public, judged, then taken apart and the food donated to Food Finders, which will distribute it to agencies that help those who are food insecure. The build will begin at 8 a.m. Thursday, Oct. 4, at an as-yet undetermined location.

This year's theme is "The CAN-dy Store," and teams can depict candy however they choose, but must complete the CANstruction within 12 hours. Space is limited to seven teams, with an entry fee of \$395. Final call for entrants is Aug. 15, and teams are responsible for getting all food for their structure.

For more information and an entry form, visit [www.canstructionlongbeach.org](http://www.canstructionlongbeach.org), or contact Greg Sabin at (562) 243-5553 or [greg@terrihenrymarketing.com](mailto:greg@terrihenrymarketing.com).



**YOUR WEEK AHEAD: Things To Do In Long Beach February 26- March 4**